



# THE RÓS CAFÉ

## FOOD MENU

### AVAILABLE ALL DAY

#### BREAKFAST

**TRADITIONAL FULL IRISH €12.50**  
2 Sausages, 2 Bacon, Black & White Pudding, Hash Brown, Fried Mushrooms, Beans & Sunny Side Egg. Served with Toast, Brown Bread or Sourdough & Barry's Tea or Americano Coffee. (1.3.7.15)

**THE VEGGIE €11.50**

2 Poached Eggs, Hash Browns, Fried Mushrooms, Roasted Tomato, Beans & Spinach served with Toasted Sourdough with Barry's Tea or Americano Coffee (1.3.7) \* GF Available

**MINI BREAKFAST €7.00**

Sausage, Bacon, Hash Brown & Sunny Side Fried Egg. Served with Toast, Brown Bread or Sourdough with Barry's Tea or Americano Coffee (1.3.7)

**BUILDERS BREAKFAST €15.50**

3 Sausages, 3 Bacon, Black & White Pudding, Hash Brown, Fried Mushrooms, Beans & 2 Sunny Side Eggs & Chips.. Served with Toast, Brown Bread or Sourdough & Barry's Tea or Americano Coffee. (1.3.7.15)

**BREAKFAST SANDWICH €9.00**

2 Sausages, 2 Bacon, Black & White Pudding, Fried Egg & Relish on Toasted White Bread (1.3.7.10)

**PORRIDGE €6.50**

Porridge served with Fruit Compote & Honey. (1.7)  
\* GF Available

#### PANCAKES

**3 STACK PANCAKES €12.00**

Choice of Toppings:  
Bacon & Maple Syrup (1.3.7)  
Nutella & Strawberries 1.3.7)  
Fruit & Maple Syrup (1.3.7)

#### EGGS

**AVOCADO TOAST €10.50**

2 Poached Eggs, Sliced Avocado & Relish on Toasted Sourdough (1.3.7.12) \* GF Available

**SCRAMBLED EGGS €7.00**

3 Eggs Scrambled served with Toast, Sourdough or Brown Bread (1.3) \* GF Available

**PESTO EGGS €10.50**

2 Poached Eggs, Rocket, Pesto & Feta Cheese with Toasted Seeds on Toasted Sourdough. (1.3.7.12) \* GF Available

#### SMOOTHIE BOWLS

**SMOOTHIE BOWLS €7.50**

Acai  
Pink Pitaya  
Mango

##### CHOOSE 4 TOPPINGS:

Strawberries  
Raspberries  
Blueberries  
Banana  
Dessicated Coconut  
Homemade Granola (G.F)  
Peanut Butter  
Nutella  
Maple Syrup  
Honey

### AVAILABLE FROM 12PM

**SOUP OF THE DAY €6.00**

Served with Homemade Brown Bread \* GF Available

**THE RÓS CAFÉ TOASTIE €10.00**

Honey Baked Ham & Cheddar Cheese on Toasted White Bread. Served with Chips (1.3.7) \* GF Available

**CRISPY CHICKEN WRAP €12.00**

Crispy Chicken, Cheddar Cheese & Garlic Mayo on a Toasted Wrap. Served with Chips (1.3.7)

**CAJUN CHICKEN BUN €8.50**

Cajun Chicken, Cajun Mayo on a Toasted Brioche Bun (1.3.7)  
\* GF Available

**KOREAN CHICKEN €10.50**

Korean Fried Chicken, Pickled Red Cabbage, Gochujang Mayo in a Toasted Brioche Bun (1.7.11)

**CAESAR SALAD €9.00**

Cos Lettuce, Crispy Bacon Bits, Homemade Croutons & Parmesan Cheese tossed in Carrygerry Caesar Dressing (1.3.7) \* GF Available

ADD CHICKEN - €4.00/ ADD SMOKED SALMON €4.00

#### ADD ON'S

**EACH ITEM €1.50**

Bacon/ Sausage/Egg/ Hash Brown/  
Pudding/ Mushroom/ Tomato/ Beans

**EACH ITEM €3.00**

Chips/Sweet Potato Fries/Avocado

**EACH ITEM €4.00**

Roast Chicken Breast  
Smoked Salmon

Allergens: 1. Gluten, 2. Crustaceans, 3. Eggs, 4. Fish, 5. Peanuts, 6. Soybeans, 7. Dairy/Milk, 8. Nuts, 9. Celery, 10. Mustard, 11. Sesame, 12. Seeds, 13. Sulphur, 14. Dioxide, 15. Lupin, 16. Molluscs