



THE RÓS CAFÉ

FOOD MENU

AVAILABLE ALL DAY

BREAKFAST

TRADITIONAL FULL IRISH

€12.50

2 Sausages, 2 Bacon, Black & White Pudding, Hash Brown, Fried Mushrooms, Beans & Sunny Side Egg. Served with Toast, Brown Bread or Sourdough & Barry's Tea or Americano Coffee. (1.3.7.15)

THE VEGGIE

€11.50

2 Poached Eggs, Hash Browns, Fried Mushrooms, Roasted Tomato, Beans & Spinach served with Toasted Sourdough with Barry's Tea or Americano Coffee (1.3.7) * **GF Available**

MINI BREAKFAST

€7.00

Sausage, Bacon, Hash Brown & Sunny Side Fried Egg. Served with Toast, Brown Bread or Sourdough with Barry's Tea or Americano Coffee (1.3.7)

BUILDERS BREAKFAST

€15.50

3 Sausages, 3 Bacon, Black & White Pudding, Hash Brown, Fried Mushrooms, Beans & 2 Sunny Side Eggs & Chips.. Served with Toast, Brown Bread or Sourdough & Barry's Tea or Americano Coffee. (1.3.7.15)

BREAKFAST SANDWICH

€9.00

2 Sausages, 2 Bacon, Black & White Pudding, Fried Egg & Relish on Toasted White Bread (1.3.7.10)

SOMETHING SWEET

3 STACK PANCAKES

€12.00

Choice of Toppings:

Bacon & Maple Syrup (1.3.7)

Nutella & Strawberries 1.3.7)

Fruit & Maple Syrup (1.3.7)

FRENCH TOAST

€14.00

Macerated Berries, Whipped Vanilla Mascarpone, Toasted Almonds, Maple Syrup and Caramel Sauce

AVOCADO TOAST

€10.50

2 Poached Eggs, Sliced Avocado & Relish on Toasted Sourdough (1.3.7.12) * **GF Available**

Add Bacon €1.50/ Add Smoked Salmon €4.00

SCRAMBLED EGGS

€7.00

3 Eggs Scrambled served with Toast, Sourdough or Brown Bread (1.3) * **GF Available**

Add Bacon €1.50/ Add Smoked Salmon €4.00

PESTO EGGS

€11.50

2 Poached Eggs, Rocket, Pesto & Feta Cheese with Toasted Seeds on Toasted Sourdough. (1.3.7.12) * **GF Available**

GRANOLA BOWL

€7.00

Homemade Granola, Fresh Berries, Natural Yogurt, Berry Compote (7.8) * **GF Available**

SMOOTHIE BOWLS

SMOOTHIE BOWLS

€8.00

Acai

Pink Pitaya

Mango

Blue Coconut

Strawberries

Raspberries

Blueberries

Banana

Dessicated Coconut

Homemade Granola (G.F)

Peanut Butter

Nutella

Pistachio Spread

Maple Syrup

Honey **1/2 and 1/2 Bowls - €1.00 Supplement**

AVAILABLE FROM 12PM

SOUP OF THE DAY

€6.00

Served with Homemade Brown Bread
* **GF Available**

THE RÓS CAFÉ TOASTIE

€10.50

Honey Baked Ham & Cheddar Cheese on Toasted White Bread. Served with Chips (1.3.7) * **GF Available**

RUBY'S CHICKEN WRAP

€12.00

Crispy Chicken, Cheddar Cheese & Garlic Mayo on a Toasted Wrap. Served with Chips (1.3.7)

CAJUN CHICKEN BUN

€10.50

Cajun Chicken, Cajun Mayo on a Toasted Brioche Bun. Served with Crisps (1.3.7) * **GF Available**

KOREAN CHICKEN

€10.50

Korean Fried Chicken, Slaw, Gochujang Mayo in a Toasted Brioche Bun. Served with Crisps (1.7.11)

CAESAR SALAD

€10.50

Cos Lettuce, Crispy Bacon Bits, Homemade Croutons & Parmesan Cheese tossed in Carrygerry Caesar Dressing (1.3.7)
* **GF Available**

ADD CHICKEN - €4.00/ ADD SMOKED SALMON €4.00

ADD CUP OF SOUP TO ANY SANDWICH - €3.00

ADD ON'S

EACH ITEM €1.50

Bacon/ Sausage/Egg/ Hash Brown/
Pudding/ Mushroom/ Tomato/ Beans

EACH ITEM €3.00

Chips/Sweet Potato Fries/Avocado
Cup of Soup

EACH ITEM €4.00

Roast Chicken Breast
Smoked Salmon

Allergens: 1. Gluten, 2. Crustaceans, 3. Eggs, 4. Fish, 5. Peanuts, 6. Soybeans, 7. Dairy/Milk, 8. Nuts, 9. Celery, 10. Mustard, 11. Sesame, 12. Seeds, 13. Sulphur, 14. Dioxide, 15. Lupin, 16. Molluscs